**NATURE WALK TIPS**

Here are five tips for a great nature walk:

**Get outside.** Whether in your backyard, a local park, or somewhere else, the first step is to go outdoors.

**Be prepared.** Bring a container to collect items you find. Bring a camera or a sketchbook. A first aid kit is always a good idea!

**Be observant.** Use your five senses to experience nature. Document your observations. If you are unsure about something that looks potentially dangerous, do not be afraid to ask for help.

**Be Kind.** It is important to leave natural places looking better than you found them, so others can enjoy them after you. Throw away trash. Treat plants and animals you find respectfully.

**Create**. Making art with items you gather from your nature walk is a great way to think outside the box and be resourceful.